





PLACE STAMP HERE





Alabama Department of

Senior Services

ALABAMA MEDICAID WAIVER PROGRAMS

HOME AND COMMUNITY BASED CARE



The Medicaid Waiver Program is designed to provide services to seniors and those with disabilities whose needs would otherwise qualify for placement in a long-term care facility.

Our goal is for clients to retain their independence by providing services that allow them to live in the communities they love for as long as possible.

WHAT WAIVER PROGRAMS ARE AVAILABLE AT ADSS?

- Alabama Community Transition
 Waiver
- Elderly and Disabled Waiver
- Technology Assisted Waiver for Adults
- Personal Choices Option

HOW DO I QUALIFY?

You must meet certain financial, medical and program requirements set by Medicaid in order to qualify for one of the waiver programs.

To determine if you meet those requirements, you may call 1-800-362-1504 or 1-800-AGE-LINE in order to be screened for services

What does this program cost?

There are no out of pocket expenses to you for these services. Additionally these services do not effect your eligibility to receive other benefits such as SSI, Medicare, food assistance, etc.

How much help can I receive?

The amount of services you receive will be determined by the level of care that you need to stay at home and how much help you already receive. The Waiver is supposed to support and not replace the care you already have.

How do I get approved for services?

To get started with the application process, call **1-800-AGE-LINE** (800-243-5463).

What happens after someone is approved for a Waiver program?

A case manager from your area will work closely with you to examine what your needs are to safely remain in the community. A care plan is developed which outlines the services that you will receive.

To apply for the different Medicaid Waiver

Programs, call 1-800-AGE-LINE (800-243-5463).

WHAT KIND OF HELP IS AVAILABLE?

(Services may vary according to program and other services may be available other than those listed below.)

<u>Case Management:</u> A case manager is a person who works with the client to determine what help they need to remain safely at home. The case manager makes changes in services when needed and keeps the client informed of all available resources.

<u>Personal Care:</u> Personal care services are to help clients with daily activities such as bathing, dressing, and eating.

<u>Homemaker Services:</u> A homemaker can provide services that will help maintain a safe and clean environment.

<u>Companion Services:</u> Companion services are for clients who cannot perform activities of daily living without additional support or supervision.

Respite Care: Respite service provides relief for caregivers who care for individuals who are unable to care for themselves. This can include skilled and unskilled care.

Adult Day Services (where available):

Adult day services are available in some areas and are designed to maintain and promote the health of the client through

individual group activities.

<u>Nutrition and Meals:</u> This services is designed to provide meals if needed. Each meal provides approximately 1.3 of the recommended daily nutritional values set forth by national standards.